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3 Benefits Of Home Tanning Beds

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3 Things to Look for in Tanning Beds

The Style of the Bed

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3 Things to Look for in Tanning Beds

The Style of the Bed

You basically have two choices in the style of your bed: a traditional horizontal bed and a standing booth. Unless you have a room or large space to devote to a horizontal bed, you may want to consider a standing booth. These take up less space in your home and can be placed in a corner. Basically, your preference and the amount of space you have available will dictate this choice.

The Bulbs Used in the Bed

The type of tanning bed bulbs used in a bed are the most important feature. Beds use either UVA and UVB rays or UVA only. There is controversy over which bulbs are safer for your skin. There really is no safe way to tan, and you should take precautions to protect yourself from damage to your skin, regardless of the bulbs used.

You need to know exactly which kinds of bulbs are used in your bed when it is time to replace them. Bulbs aren't interchangeable and you need to be sure to buy the right ones. Also, look at the placement of the bulbs. How easy will they be to replace? You will most likely be performing this task yourself and you want to be sure it will be easy to do.

Extra Features

The best extra features to look for include a face tanner and a cooling system. The face tanner will help you get the ultimate tan all over your body. These have specially placed bulbs in the facial area that direct light to this area, which is difficult to tan for some people.

A cooling system is important if you get easily overheated inside a bed. The cooling fan will keep your skin from getting too hot. Make sure you don't overdo it in the bed with this feature. Just because you don't feel the heat, doesn't mean you aren't tanning. Staying in the bed too long contributes to over exposure and can be dangerous for your skin.

Choices in Home Tanning Beds

Most home beds are traditional tan beds. These use typical bulbs that resemble fluorescent tubes. Another choice in beds are known as High Pressure Beds. These use high pressure quartz bulbs, rather than the traditional lamps. They are called high pressure because the gas in the bulb is slightly higher than the pressure in the atmosphere.

These beds allow you to tan on only one side at a time. You will need to turn over half way through your session. Many people find these to be more comfortable than traditional beds. These are normally found in salons, but you may come across one if you shop for used equipment.

Purchasing Used Tanning Beds

A used bed can be an affordable option to an expensive new home bed. In many cases, you can find a high quality bed at the price of a cheap bed. There are some things you should consider before purchasing a new bed:

- o Make sure the bed you are considering meets the current federal and state safety regulations. These change often and you want to make sure the bed you buy is safe. A tanning salon owner is a good source of information regarding safety regulations. The internet is another good source of information, as most states post regulations for salon owners.
- o Find out how often the bed was used. If it was originally used in a salon, it has probably gotten quite a bit of use. Sometimes beds that have been purchased for home use end up getting very little use. These can be great, giving you a little used bed at a substantially reduced price.
- o Compare the price difference of the used bed with a brand new bed. The bigger the difference, the better for you.
- o Ask about the working condition and any repairs that have been done. Also ask when the bulbs were last replaced and about the maintenance that has been done. You want a bed that has been properly maintained.
- o Ask if there is any time left on the warranty.

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